

Save the world's 'lungs'

All week Young Times has reported on the threat to the world's rainforests. Today, **Romola David** shows how you can help to conserve them



What's your beef?

Every British child likes a good beef burger — and we are not alone. Growing demand for meat means that millions of trees are being destroyed. In Brazil, about 70 per cent of deforested land is now used for grazing cattle. By eating beef from cows raised in the UK, you can help to slow the demand for imported beef.

Did you know?

In 1987, a class of children in Sweden held a cake sale and bought six hectares of rainforest in Costa Rica, Central America, with the proceeds. Children from all over the world joined in — and today the protected area is 22,000 hectares. The project is known as the Children's Eternal Rainforest.

rainforest puzzles

Tropical teaser

Why do gorillas beat their chests?

- (a) To attract new mates
- (b) To stop indigestion
- (c) To ward off intruders



Yesterday's answer (c) 2,000

True or false

Doctors use plants from the rainforest to treat some forms of cancer

Puzzle of the day: scramble

Which rainforest can be made from these letters?

NEAR DIET

Yesterday's puzzle Temperate

To find out more about rainforests, check out this month's *National Geographic Kids* magazine, in shops now, or visit ngkids.co.uk



Bitter sweet

Both cacao beans (used to make chocolate) and coffee beans come from rainforest areas and are supplied to countries all over the world. But when you're out shopping, look for products that carry the Rainforest Alliance seal — this means that they were produced in ways that protect the forest ecosystem. Check the labels, too, on products such as soap and cake that could contain palm oil — farmers destroy vast areas of rainforest to grow palm trees.



Spread the word

Now that you know all about rainforests and the threats they face, tell everyone you know. That way we can all work together to save them. At school, make a colourful world map that points out where endangered rainforests are. Write to your MP and ask him or her to vote for eco-friendly initiatives.



Add your voice

Make your own video message with the Prince's Rainforest Project frog and send it to all your friends so they can learn about the world's rainforests. Sign up at rainforestSOS.org



Precious paper

Think carefully the next time you're printing something. The trees and plants of the Amazon rainforest alone produce more than 20 per cent of the world's oxygen, yet these precious plants are being cut down for wood and paper. About 13 million hectares of rainforest are lost every year worldwide — that's about 8.5 million football pitches! Using recycled paper saves rainforest trees, so look for the Forest Stewardship Council's stamp to make sure that paper is forest-friendly. Reuse scrap paper when you can, and ask your parents to use recycled paper.



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