

Le Tour de France




Key

 Start town

 Finish town



Time-trial


 Stage number

 Route

 Transfer

 Rest day

The stages


 **Today Prologue:** 7.9km
London

A quick sprint around the capital to decide the first yellow jersey of the tour. Route map, page 5

 **Tourist tip:** It's London, baby!

 **Tomorrow:** 203km
London to Canterbury

A flat stage through the Garden of England which should favour the sprinters

 **Tourist tip:** Canterbury Cathedral has been a focal point for pilgrims since the martyrdom of Thomas Becket in 1170